

One Hand Only . . .

Give your child and a friend or sibling a job that they have to complete together. It might be building a block tower or a puzzle.

Let the children know that they will have to work together to do the job, and that they can each only use one hand.

Ask them
get the
one hand
about
let them



to think about how they will
job done together using only
each. When they've thought
some strategies they might try,
get to work.

Keep
together.
if they
hand.
any

watch as the children work
Gently remind them of the rules
begin to use more than one
Encourage them to work out
problems that may arise