

Questionnaire on Conflict Resolution

Now that you have learned more about conflict and conflict resolution, let's test what you know about the topic. Read the questions below and circle all of the answers you think are correct...remember, there might be more than one correct answer!

1. What is Conflict?

- a) It is a difference in opinion between people
- b) Something that is not fair and should never happen
- c) Where someone is right and someone is wrong
- d) When people don't understand each other's point of view
- e) Something that can make a person feel angry, sad, scared, or confused

2. What is Conflict Resolution?

- a) Yelling to get your way
- b) Finding a solution
- c) Coming together to understand the problem
- d) Being aggressive
- e) Figuring out how everyone can achieve their goal

3. How can everyone understand the conflict?

- a) Telling others how they should feel
- b) Letting others talk and listening without interruptions
- c) Having each person say how they feel
- d) Talking louder than someone else so your point is heard
- e) Seeing the other's point of view

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4. How can everyone work together?

- a) Taking charge and telling everyone what to do
- b) Explaining how you feel without blaming anyone
- c) Using “I” statements. For example, “I feel upset because...”
- d) Walking away while someone is talking
- e) Discussing the issue and possible solutions

5. What are good ways to find a solution?

- a) Have someone else help like a mediator
- b) Brainstorm and writing down all the issues and then talking about them
- c) Stand your ground and don't accept what others are saying
- d) Make fun of the decisions you don't like
- e) Think of as many solutions as you can even if they seem silly at first
- f) Ignore the whole thing

6. What are some good guidelines to follow when handling conflict resolution?

- a) Listen, talk, brainstorm
- b) Yell, talk above others, put others down
- c) Understand the conflict, see other's points of view
- d) Make fun of the decisions and others
- e) Work together, let everyone speak, and try to find a solution



